

CNDC Junior High and High School Track & Field Meet - 05/7/13

Schedule of Field Events – Starting at 3:00

Shot Put	JH B – VAR B – VAR G – JH G
Discus	VAR G – JH G – JH B – VAR B
Javelin	VAR B – VAR G
High Jump	JH G – VAR B – VAR G – JH B
Long Jump	JH B – JH G – VAR B – VAR G
Triple Jump	VAR G – JH B – JH G – VAR B
Pole Vault	VAR B – VAR G – JH B – JH G

3 JUMPS/THROWS AND FINALS – ONLY VARSITY DIVISION

Schedule of Running Events – Starting at 3:45

4 x 800 Meter Relay	VAR G – VAR B
300 Meter Hurdles	VAR G – VAR B
100 Meter Dash	JH G – JH B – VAR G – VAR B
4 x 200 Meter Relay	JH G – JH B – VAR G – VAR B
1600 Meter Run	JH G – JH B – VAR G – VAR B
4 x 100 Meter Relay	JH G – JH B - VAR G – VAR B
400 Meter Dash	JH G – JH B – VAR G – VAR B
100 Hurdles	JH G – VAR G
110 Hurdles	JH B – VAR B
800 Meter Run	JH G – JH B – VAR G – VAR B
200 Meter Dash	JH G – JH B – VAR G – VAR B
3200 Meter Run	VAR G – VAR B
4 x 400 Meter Relay	JH G – JH B – VAR G – VAR B